



Martha's Sample Menu

Breakfast

Served from 7:00am to 9:30am

Breakfast is served "*Continental Style*" and typically includes the following:
Assorted Fruit Juices, baked goods (muffins, Danish ect..), Cheese, yogurt. Fresh fruit,
Hot and Cold cereals.
Coffee, Tea, Spiced Tea, and Hot Chocolate

Lunch

Served from 11:30am to 1:00pm

Choice of Tomato Tortellini, or Chef's Choice Soup de Jour
Choice of Hearty Beef Vegetable Stew, Hot Turkey Sandwich, or Deli Style Ham and
Cheese Sandwich
Choice of Hot California Mixed Vegetable or Creamy Vegetable Pasta Salad
Whipped Potato
Choice of Apricot Slices or Fresh Baked Tarts
Coffee, Tea, Spiced Tea, Milk, Fruit Juice

Dinner

Served from 4:30pm to 6:30pm

Choice of soup or Four Leaf Salad
Choice of Teriyaki Salmon Fillet or Veal Parmesan
Choice of Italian Style Mixed Vegetable, or Honey Glazed Carrots
Choice of Jasmine Rice or Stuffed Potato Au Gratin
Choice of fresh baked Strawberry Strudel, or Layered Jelly Parfait
Coffee, Tea, Spiced Tea, Milk, Fruit Juice

Fresh Fruit and Vegetables available at each meal upon request

Our menu runs on a three week rotating Schedule with Chef Dave adding a variety of special extras on a regular basis. The menu will change every six months.